

HEART MIND WAY TRAIN THE TRAINER

OVERVIEW

SESSION HIGHLIGHTS

EXPECTED OUTCOMES

PROGRAM OUTLINE

1 OVERVIEW

We have designed a unique TTT program based on Lynda Lepcha's book "Winning Hearts, Touching Minds". The program is based on 20 years of research using the experience of having trained 1000's of trainers.

The HeartMind Way™ Train the Trainer program is an easy 7-Step roadmap for successfully designing and delivering training programs. Based on neuro-learning, the HeartMind Way™ combines logic and structure with storytelling and 'emotional connect', to navigate the complex human experience of learning.

2 SESSION HIGHLIGHTS

- Fast track your professional training career - even for those with no experience
- Learning the ability to *Think on your feet*; quickly build rapport and transfer learning effectively through 'in-the-moment' coaching

3 EXPECTED OUTCOMES

- You will be able to use the tools and techniques needed to design and deliver high quality and high impact programs
- Have a bespoke, highly engaging training session, ready to use at the end of the program. It will be designed to meet the needs of your internal/external clients

4 THE PROGRAM



- ❖ A 3-5 day Train-The-Trainer program, built around practice, quick upskilling, in-the-moment coaching, which is fun!

- ❖ Key Elements include:

- ❖ Neuroscience – How the Brain Works
- ❖ Blooms / SOLO Taxonomy & Design for How People Learn
- ❖ 7 Steps of the *HeartMind* Training Technique
- ❖ Building Confidence: Structured Thinking
- ❖ Storytelling
- ❖ Running Games and Activities
- ❖ Strategies for Class Control
- ❖ Engaging your Audiences and Developing Gravitas and Credibility
- ❖ Conducting Strong Briefs and Stronger Debriefs
- ❖ Handling Difficult Audiences
- ❖ Assessment driven sessions - for each participant



- ❖ The program synergizes all the knowledge, skills required for an effective, session, and we provide all the tools, collaterals, techniques and kit required.

